ADCARE HEALTH SYSTEMS, INC

Form 4

November 25, 2014

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

Estimated average

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0.5

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person	777
Brogdon Christopher F	

2. Issuer Name and Ticker or Trading Symbol

Issuer

5. Relationship of Reporting Person(s) to

ADCARE HEALTH SYSTEMS,

(Check all applicable)

INC [ADK]

(Last) (First) (Middle)

3. Date of Earliest Transaction

X Director

10% Owner

2 BUCKHEAD PLAZA, 3050

10/21/2014

(Month/Day/Year)

Officer (give title __X_ Other (specify below) below)

Greater than 5% owner

PEACHTREE ROAD, SUITE 570

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

ATLANTA, GA 30305

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secur	ities Acqu	iired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit or(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	10/21/2014		S	18,084	D	\$ 4.438	919,951	I	By spouse
Common Stock	10/22/2014		S	10,000	D	\$ 4.43	909,951	I	By spouse
Common Stock	10/22/2014		S	100	D	\$ 4.45	909,851	I	By spouse
Common Stock	10/23/2014		S	100	D	\$ 4.43	909,751	I	By spouse
Common Stock	11/11/2014		S	4,000	D	\$ 4.2	905,751	I	By spouse

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Common Stock	11/11/2014	S	2,200	D	\$ 4.21	903,551	I	By spouse
Common Stock	11/11/2014	S	2,000	D	\$ 4.22	901,551	I	By spouse
Common Stock	11/11/2014	S	400	D	\$ 4.23	901,151	I	By spouse
Common Stock	11/12/2014	S	2,000	D	\$ 4.17	899,151	I	By spouse
Common Stock	11/12/2014	S	6,000	D	\$ 4.18	893,151	I	By spouse
Common Stock	11/12/2014	S	3,400	D	\$ 4.215	889,751	I	By spouse
Common Stock	11/12/2014	S	1,300	D	\$ 4.241	888,451	I	By spouse
Common Stock	11/12/2014	S	18,600	D	\$ 4.25	869,851	I	By spouse
Common Stock	11/12/2014	S	3,700	D	\$ 4.26	866,151	I	By spouse
Common Stock	11/12/2014	S	104	D	\$ 4.3	866,047	I	By spouse
Common Stock	11/18/2014	S	5,000	D	\$ 4.21	861,047	I	By spouse
Common Stock	11/18/2014	S	3,000	D	\$ 4.211	858,047	I	By spouse
Common Stock	11/18/2014	S	2,000	D	\$ 4.212	856,047	I	By spouse
Common Stock	11/18/2014	S	5,000	D	\$ 4.23	851,047	I	By spouse
Common Stock	11/18/2014	S	1,328	D	\$ 4.25	849,719	I	By spouse
Common Stock	11/19/2014	S	619	D	\$ 4.25	849,100	I	By spouse
Common Stock	11/20/2014	S	2,000	D	\$ 4.161	847,100	I	By spouse
Common Stock	11/20/2014	S	2,000	D	\$ 4.169	845,100	I	By spouse
Common Stock	11/20/2014	S	2,239	D	\$ 4.154	842,861	I	By spouse
Common Stock	11/20/2014	S	4,826	D	\$ 4.25	838,035	I	By spouse
	11/24/2014	S	9,467	D	\$ 4.15	828,568	I	By spouse

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Common Stock

Common 221,296 D Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	.	ate	7. Titl Amou Under Secur (Instr.	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
• 6	Director	10% Owner	Officer	Other		
Brogdon Christopher F 2 BUCKHEAD PLAZA	X			Greater than 5%		
3050 PEACHTREE ROAD, SUITE 570 ATLANTA, GA 30305	Λ			owner		

Signatures

Christopher F.

Brogdon 11/25/2014 **Signature of Reporting Date Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 3

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