MITTELSTAEDT RONALD J

Form 4

November 17, 2004

Check this box

if no longer

subject to

Section 16.

Form 4 or

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(City)

(State)

(Zip)

(Print or Type Responses)

1. Name and Address of Reporting Person * MITTELSTAEDT RONALD J			2. Issuer Name and Ticker or Trading Symbol WASTE CONNECTIONS INC/DE [WCN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 35 IRON PO	(First)	(Middle) E, SUITE	3. Date of Earliest Transaction (Month/Day/Year) 11/15/2004	X Director 10% OwnerX Officer (give title Other (specify below) Chief Executive Officer		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
FOLSOM, C.	A 95630			Form filed by More than One Reporting Person		

Table I - Non-Derivative Securities	Acquired, D	Disposed of.	or Beneficially	Owned

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	11/15/2004		M	8,800	A	\$ 16.71	8,800	D	
Common Stock	11/15/2004		S	8,800	D	\$ 33.6008	0	D	
Common Stock	11/16/2004		M	12,200	A	\$ 16.71	12,200	D	
Common Stock	11/16/2004		S	12,200	D	\$ 33.5034	0	D	
Common Stock	11/17/2004		M	15,700	A	\$ 16.71	15,700	D	

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Common Stock 11/17/2004 S 15,700 D \$ 33.5 0 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securition (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee Stock Option (Right to Buy)	\$ 16.71	11/15/2004		M		8,800	01/29/2002(1)	01/29/2011	Common Stock	8,80 (2)
Employee Stock Option Right to Buy)	\$ 16.71	11/16/2004		M		12,200	01/29/2002(1)	01/29/2011	Common Stock	12,2 (2)
Employee Stock Option (Right to	\$ 16.71	11/17/2004		M		15,700	01/29/2002(1)	01/29/2011	Common Stock	15,7

Reporting Owners

Buy)

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MITTELSTAEDT RONALD J 35 IRON POINT CIRCLE SUITE 200 FOLSOM, CA 95630	X		Chief Executive Officer				

Reporting Owners 2

Signatures

Ronald J.

Mittelstaedt 11/17/2004

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Option for 172,500 shares, 1/3 exercisable 1/29/2002, 1/29/2003 and 1/29/2004
 - This option was previously reported as an option for 115,000 shares of common stock at an exercise price of \$25.06 per share, but was adjusted to reflect the 50% stock dividend declared by WCI on May 26, 2004, which was payable on June 24, 2004, to all holders of
- record of common stock on June 10, 2004. Accordingly, on June 24, 2004, the date the stock dividend was paid, the option became exercisable for 172,500 shares at an exercise price of \$16.71 per share.
- (3) The zero in Table II, Column 8 is a placeholder only that is required by the EDGAR software and should be disregarded.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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