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WILLIFORD CI Form 4	HRIS E										
April 05, 2010											
FORM 4	L								OMB AP	PROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								MMISSION	OMB Number:	3235-0287	
Check this bo if no longer							Expires:	January 31, 2005			
subject to Section 16. Form 4 or			ENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							verage s per 0.5	
obligations may continue.	<i>See</i> Instruction 30(h) of the Investment Company Act of 1940										
(Print or Type Respo	onses)										
1. Name and Address of Reporting Person <u>*</u> WILLIFORD CHRIS E			Symbol	Symbol I Sumo and Training I				5. Relationship of Reporting Person(s) to Issuer			
			[AXAS]	ABRAXAS PETROLEUM CORP [AXAS]					(Check all applicable)		
(Last) (First) (Middle) 18803 MEISNER DRIVE				(Wonui/Day/Tear)				Director 10% Owner _X Officer (give title Other (specify below)			
			03/31/2010					E	VP/CFO		
		Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting					
SAN ANTONIO								_ Form filed by Mc rson	ore than One Rej	porting	
(City)	(State)	(Zip)	Table I - I	Non-Deriva	tive Secur	rities A	cquir	ed, Disposed of,	or Beneficiall	y Owned	
an		Execution Date, if any	Code	TransactionAcquired (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
ABRAXAS				Code V	Amount		Price	(Instr. 3 and 4)			
PETROLEUM COMMON STOCK	03/31/201	10 <u>(1)</u>		Р	3,826	A	<u>(1)</u>	18,881	Ι	401-K	
ABRAXAS PETROLEUM COMMON STOCK								152,973	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
WILLIFORD CHRIS E								
18803 MEISNER DRIVE			EVP/CFO					
SAN ANTONIO, TX 78258								
<u>o</u> , ,								

Signatures

Chris E. Williford ^{**}Signature of Reporting Person O4/02/2009 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Between 1/1/10 and 3/31/10, the reporting person acquired 3,826 shares of Abraxas common stock under the Abraxas Petroleum Corporation 401 (K) plan, The information in this report is based on a plan statement as of 3/31/10

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.