M/A-COM Technology Solutions Holdings, Inc. Form 4 October 09, 2013

October 09, 2	2013										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION							OMB APPROVAL				
Washington, D.C. 20549								OMB Number:	3235-0287		
Subject to					S IN BENEFICIAL OWNERSHIP OF CURITIES				Expires: Estimated a		
Section 16.SECURITIESburden hours per responseForm 4 orForm 5Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,0.5Sobligations may continue.Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19400.5											
(Print or Type R	Responses)										
Murphy Michael T. Symbol				suer Name and Ticker or Trading ol -COM Technology Solutions				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
		I	Holding	s, Inc. [M	ITSI]			(Cheer	x an applicable)	
(Month/				te of Earliest Transaction th/Day/Year) 7/2013				Director 10% Owner X_ Officer (give title Other (specify below) below) SVP, Engineering			
				endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
	11101051							Person			
(City)	(State) (Zip)	Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	n Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)					
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	10/07/2013			М	562	А	\$ 0.64	29,490	D		
Common Stock	10/07/2013			S <u>(1)</u>	562	D	\$ 17.95	28,928	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Transactionof Code Derivative		mof Expiration Date Derivative (Month/Day/Year) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. F Der Sec (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Employee Stock Option (Right to Buy)	\$ 0.64	10/07/2013		М	562	(2)	11/10/2019	Common Stock	562		

Reporting Owners

Reporting Owner Name / Address	Relationships						
I State and a state	Director	10% Owner	Officer	Other			
Murphy Michael T. 100 CHELMSFORD STREET LOWELL, MA 01851			SVP, Engineering				
Signaturaa							

Signatures

/s/ Clay Simpson, Attorney-in-Fact	10/09/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares were sold pursuant to a sales plan adopted by the reporting person and intended to comply with Rule 10b5-1 under the Securities Exchange Act of 1934.

Represents 150,000 stock options originally granted to the reporting person on November 10, 2009. One-fifth (1/5th) of the stock options
 (2) vested and became exercisable on November 2, 2010 and one-sixtieth (1/60th) of the stock options vest monthly thereafter provided that the reporting person remains in continuous services with the issuer as of each vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.