Triangle Capital CORP Form 5 February 05, 2016

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0362 January 31,

no longer subject to Section 16. Form 4 or Form 5 obligations

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

burden hours per response...

may continue.

See Instruction
1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Reported Form 4

30(h) of the Investment Company Act of 1940

Transactions Reported

securities beneficially owned directly or indirectly.

1. Name and A RICH SIMO	Symbol	2. Issuer Name and Ticker or Trading Symbol Triangle Capital CORP [TCAP]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	rement for Issuer's Fiscal Year Ended h/Day/Year) 1/2015				(Check all applicable)					
					X Director Officer (give below)	6 Owner er (specify				
3700 GLEN AVENUE,Â	SUITE 530					,	ociow)	below)		
	nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Reporting					
Thed(world)					(chec	eck applicable line)				
RALEIGH, NC 27612							_X_ Form Filed by Form Filed by Person	1 0		
(City)	(State)	Zip) Tabl	e I - Non-Deri	ivative Sec	curitie	s Acqu	ired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)))	5. Amount of Securities Beneficially Owned at end	6. Ownership Form: Direct (D) or Indirect (I)	Indirect Beneficial Ownership	
				Amount	(A) or (D)	Price	of Issuer's Fiscal Year (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock	Â	Â	Â	Â	Â	Â	79,546 <u>(1)</u>	D	Â	
Common Stock	Â	Â	Â	Â	Â	Â	5,590	I	By spouse	
Reminder: Report on a separate line for each class of			Persons who respond to the collection of information SEC					SEC 2270		

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(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	Execution Date, if	4. Transaction	5. Number	6. Date Exerc Expiration Da	ate	7. Title Amou	nt of	8. Price of Derivative
Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		i ear)	Under Securi (Instr.	, ,	Security (Instr. 5)
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

of D

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Reporting Owners

Reporting Owner Name / Address	Relationships						
1 6	Director	10% Owner	Officer	Other			
RICH SIMON B. JR. 3700 GLENWOOD AVENUE SUITE 530 RALEIGH, NC 27612	ÂX	Â	Â	Â			

Signatures

Harry S. Pangas, attorney-in-fact for Simon B. Rich, Jr. 02/05/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 432 shares of common stock received in 2015 pursuant to Triangle Capital Corporation's Dividend Reinvestment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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