Sion Ron Form 4 February 04, 2019

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

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Check this box

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

(First)

(State)

Sion Ron

(Last)

(C:tr.)

2. Issuer Name and Ticker or Trading

Symbol

BLACKROCK INCOME TRUST,

INC. [BKT]

3. Date of Earliest Transaction

(Month/Day/Year) 01/31/2019

(Street) 4. If Amendment, Date Original

(Middle)

(Zin)

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

below)

(Check all applicable)

Director 10% Owner __X_ Other (specify Officer (give title

below) Portfolio Manager

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

NEW YORK, NY 10055

55 EAST 52ND STREET

(City)	(State)	(Zip) Tab	le I - Non-	Derivative Sec	uritie	s Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Approx Disposed of (Instr. 3, 4 and	of (D) d 5)	red (A)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	01/31/2019		Code V	Amount 22,130.84	(A) or (D)	Price (1) (2) (3)	Transaction(s) (Instr. 3 and 4) 64,074.84	(Instr. 4)	
Common Stock	01/31/2019		D	22,130.84	D	\$ 5.83 (1) (2) (3)	41,944	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of officerities According Disposed of (Instr. 3, 4, and	quired (A) or D)	6. Date Exer Expiration D (Month/Day)	ate	7. Title and A Underlying S (Instr. 3 and	Secu
	Security						Date Exercisable	Expiration Date	Title	Aı Nu Sh
Phantom	(1) (4)			Code V	(A)	(D)	40.40	(1) (1)	Common	
Shares	<u>(1)</u> <u>(4)</u>	01/31/2019		A	26,404.37		(1)(4)	(1)(4)	Stock	2
Phantom Shares	<u>(1)</u> <u>(2)</u>	01/31/2019		M		10,615.09	(1)(2)	(1)(2)	Common Stock	1
Phantom Shares	<u>(1)</u> <u>(3)</u>	01/31/2019		M		11,515.76	(1)(3)	(1)(3)	Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

Sion Ron

55 EAST 52ND STREET NEW YORK, NY 10055 Portfolio Manager

Signatures

/s/ Kiersten Zaza as Attorney-in-Fact

02/04/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) A phantom share is the economic equivalent of one share of common stock and, subject to the applicable vesting requirements, becomes payable in cash.
- (2) As previously reported on a Form 4 dated February 2, 2018, the Reporting Person was granted phantom shares on January 31, 2018 payable in cash on vesting, which occurs in equal installments on each of the first three anniversaries of the grant date.
- (3) As previously reported on a Form 4 dated February 16, 2017, the Reporting Person was granted phantom shares on January 31, 2017 payable in cash on vesting, which occurs in equal installments on each of the first three anniversaries of the grant date.
- (4) These phantom shares vest in equal installments on each of the first three anniversaries of the award.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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