Middleton S Form 4	ean									
March 05, 20	019									
FORM	14								OMB AF	PPROVAL
	UNITE	D STATES					NGE C	OMMISSION	OMB Number:	3235-0287
Washington, D.C. 20549Check this box if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESForm 4 or Form 5 obligations 					January 31 2009 Estimated average burden hours per response 0.9					
(Print or Type I	Responses)									
1. Name and A Middleton S	Address of Reporti Sean	ng Person <u>*</u>	Symbol COGNI	Name and ZANT TH	ECHNOI	LOG	-	5. Relationship of Issuer (Chec	Reporting Pers	
	(First) IZANT TECH JS CORP., 500 BLVD.		3. Date of (Month/D 03/01/20	-	ansaction			Director X Officer (give below) Pres - Co		Owner er (specify rator
	(Street)			ndment, Da hth/Day/Year)	-	I		6. Individual or Jo Applicable Line) _X_ Form filed by O	One Reporting Pe	rson
TEANECK	, NJ 07666							Person	Iore than One Re	porting
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ar) Executio any		3. Transactio Code (Instr. 8) Code V	(Instr. 3,	spose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Class A Common Stock	03/01/2019			М	98 <u>(1)</u>	A	<u>(2)</u>	5,386	D	
Class A Common Stock	03/01/2019			F	35 <u>(3)</u>	D	\$ 72.13	5,351	D	
Class A Common Stock	03/01/2019			М	345 <u>(4)</u>	А	(2)	5,696	D	

Class A Common Stock	03/01/2019	F	122 <u>(3)</u> D	\$ 72.13	5,574	D
Class A Common Stock	03/01/2019	М	302 <u>(5)</u> A	<u>(2)</u>	5,876	D
Class A Common Stock	03/01/2019	F	109 <u>(3)</u> D	\$ 72.13	5,767	D
Class A Common Stock	03/02/2019	М	306 <u>(6)</u> A	<u>(2)</u>	6,073	D
Class A Common Stock	03/02/2019	F	96 <u>(3)</u> D	\$ 72.13	5,977	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number orof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price Derivat Securit (Instr. 5
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	(2)	03/01/2019		М	98	(7)	(7)	Class A Common Stock	98	\$ 0
Restricted Stock Units	<u>(2)</u>	03/01/2019		М	345	(8)	(8)	Class A Common Stock	345	\$ 0
Restricted Stock Units	<u>(2)</u>	03/01/2019		М	302	<u>(9)</u>	(9)	Class A Common Stock	302	\$ C

Restricted							Class A		
Stock	<u>(2)</u>	03/02/2019	Μ	306	(10)	(10)	Common	306	\$ C
Units							Stock		

Reporting Owners

Reporting Owner Name / Address	Relationships				
r g a a a a a a a	Director	10% Owner	Officer	Other	
Middleton Sean C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD. TEANECK, NJ 07666			Pres - Cognizant Accelerator		
Signatures					
/s/ Harry Demas, on behalf of Sean Middleton, by Power Attorney	of	03	/05/2019		

Date

**Signature of Reporting Person

Explanation of Responses:

*	
*	If the form is filed by more than one reporting person, <i>see</i> Instruction $4(b)(v)$.
**	Intentional misstatements or omissions of facts constitute Federal Criminal Violations. <i>See</i> 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
(1)	Shares of Class A Common Stock of Cognizant Technology Solutions Corporation (the "Company") received from the vesting of 1/12th of the restricted stock unit award granted on May 17, 2016.
(2)	Each restricted stock unit represents a contingent right to receive one share of the Company's Class A Common Stock.
(3)	Represents the portion of shares of Class A Common Stock that the Company determined to settle in cash to pay applicable tax withholding.
(4)	Shares of the Company's Class A Common Stock received from the vesting of 1/12th of the restricted stock unit award granted on May 15, 2017.
(5)	Shares of the Company's Class A Common Stock received from the vesting of 1/12th of the restricted stock unit award granted on February 26, 2018.
(6)	Shares of the Company's Class A Common Stock received from the vesting of 1/12th of the restricted stock unit award granted on March 2, 2017.
(7)	The restricted stock units were granted on May 17, 2016 under the Cognizant Technology Solutions 2009 Incentive Compensation Plan and vest in quarterly installments over three years, commencing on September 1, 2016, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on June 1, 2019.
(8)	The restricted stock units were granted on May 15, 2017 under the Cognizant Technology Solutions 2009 Incentive Compensation Plan and vest in quarterly installments over three years, commencing on September 1, 2017, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on June 1, 2020.
(9)	The restricted stock units were granted on February 26, 2018 under the Cognizant Technology Solutions Corporation 2017 Incentive Award Plan and vest in quarterly installments over three years, commencing on June 1, 2018, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on March 1, 2021.
(10)	The restricted stock units were granted on March 2, 2017 under the Cognizant Technology Solutions Corporation 2009 Incentive Compensation Plan and vest in quarterly installments over three years, commencing on June 2, 2017, with 1/12th of the stock

units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on March 2, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.