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Form 4											
March 05, 20									OMB AF	PROVAL	
FORM	I 4 UNITE	D STATES					NGE C	COMMISSION	OMB	3235-0287	
Check th	is box		Was	shington,	D.C. 20	549			Number:	January 31,	
if no long subject to Section 1 Form 4 o Form 5	6. r	EMENT O	Expires: 2005 Estimated average burden hours per response 0.5								
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Ad Section 17(a) of the Public Utility Holding Company Act of 193 30(h) of the Investment Company Act of 1940						1935 or Section	1				
(Print or Type I	Responses)										
1. Name and Address of Reporting Person <u>*</u> McLoughlin Karen			8					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	(First) NT TECHNOI IS CORP., 500 BLVD.		3. Date of (Month/D 03/01/20	-	ansaction			Director X Officer (give below) Chief F		Owner er (specify er	
TEANECK,	(Street)			ndment, Da hth/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M Person	one Reporting Pe	rson	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ar) Executio any	med	3. Transactio Code (Instr. 8)	4. Securi	ties A ispose	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Class A Common Stock	03/01/2019			Code V M	Amount 1,607 (1)	(D) A	Price (2)	(Instr. 3 and 4) 65,661	D		
Class A Common Stock	03/01/2019			F	814 <u>(3)</u>	D	\$ 72.13	64,847	D		
Class A Common Stock	03/02/2019			М	1,438 (4)	А	<u>(2)</u>	66,285	D		

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Class A Common 03/02/2019 Stock

 $722 \frac{(3)}{2}$ D $\overset{\$}{72.13}$ 65,563 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	<u>(2)</u>	03/01/2019		М	1,607	(5)	(5)	Class A Common Stock	1,607	\$
Restricted Stock Units	(2)	03/02/2019		М	1,438	(6)	(6)	Class A Common Stock	1,438	\$

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
McLoughlin Karen COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD. TEANECK, NJ 07666		Chief Financial Officer				
Signatures						
/s/ Harry Demas, on behalf of Karen McLoughlin, by Pow Attorney	ver of	03/05	/2019			
**Signature of Reporting Person		Da	te			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares of Class A Common Stock of Cognizant Technology Solutions Corporation (the "Company") received from the vesting of 1/12th of the restricted stock unit award granted on February 26, 2018.
- (2) Each restricted stock unit represents a contingent right to receive one share of the Company's Class A Common Stock.
- (3) Represents the portion of shares of Class A Common Stock that the Company determined to settle in cash to pay applicable tax withholding.
- (4) Shares of the Company's Class A Common Stock received from the vesting of 1/12th of the restricted stock unit award granted on March 2, 2017.

The restricted stock units were granted on February 26, 2018 under the Cognizant Technology Solutions Corporation 2017 Incentive

(5) Award Plan and vest in quarterly installments over three years, commencing on June 1, 2018, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on March 1, 2021.

The restricted stock units were granted on March 2, 2017 under the Cognizant Technology Solutions Corporation 2009 Incentive

(6) Compensation Plan and vest in quarterly installments over three years, commencing on June 2, 2017, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on March 2, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.