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RADY JAN Form 4											
February 26, 2009 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 (Print or Type Responses)								Number: 3235-0287 Number: January 31 Expires: 2005 Estimated average burden hours per response 0.5			
1. Name and Address of Reporting Person * 2. Issu RADY JANE E Symbol				er Name and Ticker or Trading NCED MEDICAL OPTICS				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 3.				3. Date of Earliest Transaction Month/Day/Year) 02/24/2009				Director 10% Owner Officer (give titleX Other (specify below) former Exec VP			
(Street) 4. If Ame				endment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	le I - Non-E	Derivative S	Securi		uired, Disposed of.	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Data (Month/Day/Year)		Date, if	Code (Instr. 8)	(Instr. 3, 4	(A) or	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	02/24/2009			Code V M	Amount 30,000	(D) A	Price \$ 8.99	35,760	D		
Common Stock	02/24/2009			S	30,000	D	\$ 21.97	5,760	D		
Common Stock	02/24/2009			М	35,000	A	\$ 13.85	40,760	D		
Common Stock	02/24/2009			S	35,000	D	\$ 21.97	5,760	D		
								1.5162	Ι		

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Common Stock								By 401(k) Trust (as of 12/3108)			
Reminder: Report on a separate line for each class of securities benefic				cially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.				SEC 1474 (9-02)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		Transaction Code S (Instr. 8) A (5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code V ((A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Employee Stock Option (Right to Buy)	\$ 8.99	02/24/2009		М	30,000	07/29/2006	05/23/2009	Common Stock	30,000		
Employee Stock Option (Right to Buy)	\$ 13.85	02/24/2009		М	35,000	04/29/2007	05/23/2009	Common Stock	35,000		
Dener											

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
RADY JANE E C/O ADVANCED MEDICAL OPTICS, INC. 1700 E. ST. ANDREW PLACE SANTA ANA, CA 92705				former Exec VP		

Signatures

Jane E. Rady, By: Aimee S. Weisner, Attorney in Fact

02/26/2009

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.