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Form 4											
January 03, 2											
FORM	14 UNITED	STATES	SECUR	ITIES A	ND EX	СНА	NGE C	OMMISSION		PROVAL	
Check th	is how		Was	shington,	D.C. 20	549			Number:	3235-0287 January 31,	
if no long subject to Section 1 Form 4 o Form 5	ger STATEN 16. pr	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									
obligatio may cont See Instru 1(b).	ns Section 17(a	a) of the	Public Ut		ling Con	npany	y Act of	e Act of 1934, 1935 or Sectior 0	1		
(Print or Type I	Responses)										
1. Name and Address of Reporting Person <u>*</u> CROATTI CYNTHIA			2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]					5. Relationship of Reporting Person(s) to Issuer			
(Last)		Earliest Tra				(Check all applicable)					
68 JONSPIN ROAD			(Month/Day/Year) 01/03/2005					X DirectorX 10% Owner X Officer (give title Other (specify below) below) Executive VP & Treasurer			
	(Street)			ndment, Dat h/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by O	one Reporting Pe	rson	
WILMING	FON, MA 01887							Form filed by M Person	ore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock								2,740	Ι	By 401(k)	
Common Stock								203,134	I <u>(1)</u>	By Trusts and LLC	
Common Stock	01/03/2005			S	800	D	\$ 28.17	90,700	D		
Common Stock	01/03/2005			S	900	D	\$ 28.19	89,800	D		
Common Stock	01/03/2005			S	2,900	D	\$ 28.2	86,900	D		

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Common Stock	01/03/2005	S	2,800	D	\$ 28.21	84,100	D
Common Stock	01/03/2005	S	400	D	\$ 28.22	83,700	D
Common Stock	01/03/2005	S	200	D	\$ 28.24	83,500	D
Common Stock	01/03/2005	S	8,900	D	\$ 28.25	74,600	D
Common Stock	01/03/2005	S	800	D	\$ 28.3	73,800	D
Common Stock	01/03/2005	S	200	D	\$ 28.35	73,600	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. 6. Date Exercisable orNumber Expiration Date of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D)		ate	Under Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships								
	Director	10% Owner	Officer	Other					
CROATTI CYNTHIA 68 JONSPIN ROAD WILMINGTON, MA 01887	Х	Х	Executive VP & Treasurer						

Signatures

Cynthia Croatti, by power of 01/03/2005 attorney

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reporting person is a trustee of the Marie Croatti QTIP Trust and a Director and minority owner of the general partner of The Croatti Family Limited Partnership, which are the direct owners of 2,600,000 shares each of Class B Common Stock. The reporting person is the manager of a limited liability company, Trilogy Investment Partners LLC, and a trustee for the following trusts, that, as of the date of

filing this report, combined directly own the remainder of the reported securities: The Samuel E. Brown Gallo Trust - 1989, The Nicholas C. Brown Gallo Trust - 1989, the Monica Levenstein Gallo Trust - 1989 and the Lisa Levenstein Gallo Trust - 1989. The reporting person disclaims beneficial ownership of the reported securities, except to the extent of her pecuniary interest therein, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.