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Powell Andrew Kenneth William Form 4 January 31, 2019

| January 31, 201 | 9 | | | | | | | | | | |
|--|------------------------------------|---|---|--|---|--|--|------------------|--------------------------|--|--|
| FORM 4 | 1 | | CECU | DIFIE | | | | N T | PPROVAL | | |
| | UNITED | STATES | | RITIES A Ashington | | | COMMISSIO | N OMB Number: | 3235-0287 | | |
| Check this be if no longer subject to Section 16. Form 4 or | AENT OF | F CHANGES IN BENEFICIAL OWNERSH SECURITIES | | | | WNERSHIP OF | Estimated burden hou | urs per | | | |
| Form 5 obligations may continue <i>See</i> Instructio 1(b). | Section 17(| a) of the F | Public U | Jtility Hol | ding Co | | nge Act of 1934, of 1935 or Secti 940 | | . 0.3 | | |
| (Print or Type Resp | oonses) | | | | | | | | | | |
| 1. Name and Addr Powell Andrew | | lliam | Symbol | er Name an | | | 5. Relationship Issuer | of Reporting Per | rson(s) to | | |
| | | | LANDEC CORP \CA\ [LNDC] | | | | (Check all applicable) | | | | |
| (Last) (First) (Middle) C/O LANDEC CORPORATION, 5201 GREAT AMERICA PARKWAY, SUITE 232 | | | 3. Date of Earliest Transaction (Month/Day/Year) 01/30/2019 | | | | X Director 10% Owner Officer (give title Other (specify below) | | | | |
| (Street) SANTA CLARA, CA 95054 | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) | (State) | (Zip) | Tat | ole I - Non-l | Derivative | Securities A | cquired, Disposed | of, or Beneficia | lly Owned | | |
| | Transaction Date Onth/Day/Year) | 2A. Deeme Execution any (Month/Da | ed Date, if | 3. Transactio Code (Instr. 8) Code V | 4. Securit nAcquired Disposed (Instr. 3, | ties (A) or of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | | 7. Nature of Indirect | | |
| Reminder: Report | on a separate line | e for each cla | ass of sec | urities bene | ficially ow | ned directly | or indirectly. | | | | |
| | · | | | | Perso inforr requi | ons who res nation cont red to resp ays a curre | spond to the colle tained in this form ond unless the fo ntly valid OMB co | n are not rm | SEC 1474 (9-02) | | |
| | Tab | | | | | sposed of, or convertible | Beneficially Owner securities) | d | | | |

| 1. Title of | 2. | 3. Transaction Date | 3A. Deemed | 4. 5. Number | 6. Date Exercisable and | 7. Title and Amount of | 8. I |
|-------------|------------|---------------------|--------------------|---------------------------|-------------------------|------------------------|------|
| Derivative | Conversion | (Month/Day/Year) | Execution Date, if | Transaction of Derivative | Expiration Date | Underlying Securities | Der |

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| Security (Instr. 3) | or Exercise Price of Derivative Security | | any (Month/Day/Year) | Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | (Month/Day/Year) | | (Instr. 3 and 4) | | Sec (Ins | |
|--|---|------------|-------------------------|---|-------|------------------|---------------------|--------------------|-----------------|--|--|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |
| Right to Buy Restricted Stock Unit (RSU) | ш | 01/30/2019 | | М | 2,915 | | 05/30/2019 | (2) | Common Stock | 2,915 | |

Reporting Owners

| Reporting Owner Name / Address | | Relationships | | | | | |
|---|------------|---------------|---------|-------|--|--|--|
| | Director | 10% Owner | Officer | Other | | | |
| Powell Andrew Kenneth William C/O LANDEC CORPORATION 5201 GREAT AMERICA PARKWAY, SUITE 232 SANTA CLARA, CA 95054 | | | | | | | |
| Signatures | | | | | | | |
| /s/ Rebecca J Hilt | 01/31/2019 | | | | | | |

<u>**</u>Signature of Date Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The restricted stock units convert into common stock of Landec Corporation on a 1 for 1 basis.

(2) Restricted Stock Units will vest 4 months from the grant date and will be automatically settled in shares of common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.