ARVINMERITOR INC Form 3 January 30, 2009 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB APPROVAL

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Novak Barbara Griffin				2. Date of Event Requiring Statement(Month/Day/Year)		3. Issuer Name and Ticker or Trading Symbol ARVINMERITOR INC [ARM]			
	(Last)	(First)	(Middle)	01/30/2009		4. Relationshi Person(s) to I	p of Reporting		5. If Amendment, Date Original Filed(Month/Day/Year)
ARVINMERITOR, INC., 2135 WEST MAPLE ROAD				(Check all applicable)					
(Street) TROY, MI 48084-7186					Director 10% Owner X_ Officer Other (give title below) (specify below) VP and Secretary		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
	(City)	(State)	(Zip)	Tab	le I - N	on-Derivat	ive Securiti	es Be	neficially Owned
	itle of Securi str. 4)	ity			eficially C	Securities Dwned	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owne (Instr.	*
Co	ommon Sto	ck		12,9	900 <u>(1)</u>		D	Â	
Reminder: Report on a separate line for eacound directly or indirectly.			ch class of securities beneficia		ally SEC 1473 (7-02)				
		inform	ation conta	oond to the collec ined in this form nd unless the forr	are not	iys a			

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

currently valid OMB control number.

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
		Title	Derivative Security	Security: Direct (D)	

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January 31,

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Number:

Expires:

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Estimated average burden hours per

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Date	Expiration	Amount or	or Indirect
Exercisable	Date	Number of	(I)
		Shares	(Instr. 5)

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Novak Barbara Griffin ARVINMERITOR, INC. 2135 WEST MAPLE ROAD TROY, MI 48084-7186	Â	Â	VP and Secretary	Â		
Signatures						
Barbara G. 01/2 Novak	30/2009					
<u>**</u> Signature of Reporting Person	Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents restricted stock units, each of which represents the right to receive one share of common stock upon the vesting date, subject to terms and conditions.

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Remarks:

Ms. Novak was appointed as an executive officer of ArvinMeritor, Inc. by the Board of DirectorsÂ

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.