Burns Steven R. Form 4 August 31, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

(C:+-)

24 WITTE PLACE

See Instruction

1. Name and Address of Reporting Person * Burns Steven R.

(First)

(Street)

(Ctata)

Symbol

(Middle)

MamaMancini's Holdings, Inc.

2. Issuer Name and Ticker or Trading

[MMMB]

3. Date of Earliest Transaction

(Month/Day/Year) 07/27/2017

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

_X__ Director 10% Owner Officer (give title __ Other (specify

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

WEST ORANGE, NJ 07052

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative (Securi	ities Acqu	iired, Disposed of	f, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (1)	07/31/2017		Code V <u>J(2)</u>	Amount 5,190	or (D)	Price \$ 1.156	Transaction(s) (Instr. 3 and 4) 1,151,581	D	
Common Stock (1)	07/27/2017		<u>J(3)</u>	886	A	\$ 1.08	1,152,467	D	
Common Stock (1)	07/27/2017		C(4)	74,074	A	\$ 0.675	1,226,541	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Warrant	\$ 1	11/20/2015		A	74,074	11/20/2015	11/19/2020	Common Stock	74,074
Warrant	\$ 1.5	11/20/2015		J	33,333	11/20/2015	11/19/2020	Common Stock	33,333
Stock Option	\$ 1	04/26/2013		A	10,000	04/26/2013	04/26/2018	Common Stock	10,000
Stock Option	\$ 1.05	06/28/2017		A	25,000	<u>(5)</u>	06/27/2020	Common Stock	25,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Oth		

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X

WEST ORANGE, NJ 07052

Signatures

/s/ Steven R. 08/31/2017 Burns

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Securities held in the name of Point Prospect, Inc. and Steven R. Burns.
- (2) Mr. Burns was issued such shares in lieu of compensation for Director Fees for May July 2017
- (3) Dividend issued on Series A Preferred Stock
- (4) Automatic conversion of Series A Preferred Stock

Reporting Owners 2

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(5) Exercisable 8/1/2017, 11/1/2017, 2/1/2018 and 5/1/2018, respectively

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