Sabra Health Care REIT, Inc.

Form 4

January 03, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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Section 16. Form 4 or Form 5 obligations may continue. See Instruction

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MATROS RICHARD K			2. Issuer Name and Ticker or Trading Symbol Sabra Health Care REIT, Inc. [SBRA]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
REIT, INC	(First) (A HEALTH CAI ., 18500 VON KA SUITE 550	RE		Day/Year)	Fransaction	_X Director _X Officer (gi below) Chairma	ve title 10 below) un, CEO and Pr	ther (specify	
	(Street)		4. If Ame	endment, D	ate Original	6. Individual or	Joint/Group Fi	ling(Check	
IRVINE, C	'A 92612		Filed(Mon	nth/Day/Yea	ar)	Applicable Line) _X_ Form filed by Form filed by Person	1 0		
(City)	(State)	(Zip)	Tabl	le I - Non-	Derivative Securities Acc	quired, Disposed	of, or Benefici	ally Owned	
1.Title of Security	2. Transaction Date (Month/Day/Year)			3. Transacti	4. Securities Acquired or(A) or Disposed of (D)	5. Amount of Securities	6. Ownership	7. Nature	

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secu	rities Acq	uired, Disposed	of, or Beneficia	illy Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi or(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	12/31/2013		M	4,920 (1)	A	\$ 0	110,812	D	
Common Stock	12/31/2013		F	2,775 (2)	D	\$ 26.14	108,037	D	
Common Stock	12/31/2013		G	4,607 (3)	D	\$0	103,430 (4)	D	
Common Stock	12/31/2013		G	4,607 (3)	A	\$0	620,804	I	By R&A Matros Revocable

Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 8. I De Sec (In

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number op for Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exerc Expiration D (Month/Day/	ate	7. Title and a Underlying S (Instr. 3 and	Securities	8 I S (
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Units	\$ 0	12/31/2013	M	4,920 (5)	<u>(6)</u>	12/31/2013	Common Stock	4,920 (5)	

Reporting Owners

Reporting Owner Name / Address				-	
	Director	10% Owner	Officer		Other

MATROS RICHARD K C/O SABRA HEALTH CARE REIT, INC. 18500 VON KARMAN AVENUE, SUITE 550 IRVINE, CA 92612

X

Chairman, CEO and President

Relationships

Signatures

/s/ Harold W. Andrews, Jr., as

Attorney-in-Fact 01/03/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents shares of the Issuer's Common Stock received by the reporting person upon the vesting in full of restricted stock units previously granted to the reporting person on December 18, 2012, including 254 shares with respect to dividend equivalent payments calculated on the basis of the market value of the Issuer's Common Stock on the applicable dividend payment date. Each stock unit represented a contingent right to receive one share of the Issuer's Common Stock.

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- Represents shares withheld by the Issuer in accordance with Rule 16b-3 to satisfy tax withholding obligations in connection with the vesting of restricted stock units previously granted to the reporting person, including the restricted stock units described in footnote (1) above.
- (3) Represents shares of the Issuer's Common Stock acquired in connection with the vesting of restricted stock units, including the restricted stock units described in footnote (1) above, that have been transferred by the reporting person to the R&A Matros Revocable Trust.
- (4) Consists of unvested stock units that, upon vesting, will be paid on a one-for-one basis in shares of the Issuer's Common Stock.
- Includes 254 shares with respect to dividend equivalent payments calculated on the basis of the market value of the Issuer's Common (5) Stock on the applicable dividend payment date. The dividend payment dates were February 28, 2013, May 31, 2013, August 30, 2013 and November 29, 2013.
- (6) All of the stock units vested on December 31, 2013 in connection with the appreciation of the Issuer's stock price by more than 15% during calendar year 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.