BLACKIN JACK M

Form 4

January 04, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

burden hours per response... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

			Symbol VALLEY NATIONAL BANCOPP					'-s	Issuer			
				/ALLEY NATIONAL BANCORP VLY]					(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of (Month/D		Earliest Transaction ny/Year)				Director 10% OwnerX_ Officer (give title Other (specify below)			
1455 VALI	EY ROAD		01/03/2	01/03/2005					SENIOR VICE PRESIDENT			
	(Street)			mendment, Date Original					6. Individual or Joint/Group Filing(Check			
			riieu(Moi	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person			
WAYNE, N	IJ 07470-								Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - No	n-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Day (Month/Day/Yea	r) Executio any	emed 3. 4. Securities Acquired fron Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (A) or				d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common				Code	V	Amount	(D)	Price \$	(Instr. 3 and 4)			
Stock	01/03/2005			M/K		912	A	17.42	22,222	D		
Common Stock	01/03/2005			M/K		868	A	\$ 19.59	23,090	D		
Common Stock	01/03/2005			M/K		827	A	\$ 22.27	23,917	D		
Common Stock	01/03/2005			M/K		661	A	\$ 23.89	24,578	D		
Common Stock	01/03/2005			F/K		2,443	D	\$ 27.65	22,135	D		

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Common Stock	1	I	11/08/94 REST. STK. AWARD
Common Stock	1,458	I	WIFE
Reminder: Report on a separate line for each class of securities beneficia	lly owned directly or indirectly. Persons who respond to the collec	ction of	SEC 1474

Persons who respond to the collection of information contained in this form are not required to respond unless the form

(9-02)

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number.

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onof l		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. F Der Sec (Ins
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 17.42	01/03/2005		M/K		912	11/12/2000	11/12/2009	Common Stock	912	\$
Stock Option	\$ 19.59	01/03/2005		M/K		868	11/15/2001	11/15/2010	Common Stock	868	\$
Stock Option	\$ 22.27	01/03/2005		M/K		827	11/07/2002	11/07/2011	Common Stock	827	\$
Stock Option	\$ 23.89	01/03/2005		M/K		661	11/18/2003	11/18/2012	Common Stock	661	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
Transfer and the same and	Director	10% Owner	Officer	Other			
BLACKIN JACK M							
1455 VALLEY ROAD			SENIOR VICE PRESIDENT				
WAYNE, NJ 07470-							

Reporting Owners 2

Signatures

JACK M BLACKIN

01/04/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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