VALLEY NATIONAL BANCORP

Form 4

March 08, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

2. Issuer Name and Ticker or Trading

OMB Number: 3235-0287

5. Relationship of Reporting Person(s) to

Issuer

Expires: January 31, 2005

OMB APPROVAL

Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or

Section 16.

Form 4 or

Form 5

phligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

phligations

Symbol

obligations
may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

GOULD ERIC W

1. Name and Address of Reporting Person *

			VALLEY NATIONAL BANCORP [VLY]				CORP	(Check all applicable)			
(Last)	(First) LEY ROAD	(Middle)		of Earliest Tr Day/Year) 2006	ransaction			DirectorX Officer (give below)	ve titleOtl below)	% Owner her (specify	
			4. If Amendment, Date Original Filed(Month/Day/Year)					FIRST SENIOR VICE PRESIDENT 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
WAYNE, N	NJ 07470-								More than One R		
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution any		3. Transaction Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/21/2006			M/K	2,319	A	\$ 15.47	84,141 (1)	D		
Common Stock	02/21/2006			M/K	1,476	D	\$ 24.31	82,665 (1)	D		
Common Stock (401K Plan)								955 <u>(2)</u>	D		
Common Stock								8,141	I	By trust	
								463	I		

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Common	Custodian
Stock	for minor
	child

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	e 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on of Deriva Securities Acquired (A) or Disposed (D) (Instr. 3, 4 and 5)	ative is	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securiti (Instr. 3 and 4)	
					Code V	(A) (I		Date Exercisable	Expiration Date	Title	Amou or Numb of Share
	Stock Option	\$ 19						01/19/2002	01/19/2011	Common Stock	5,31
	Stock Option	\$ 21.2095						11/07/2002	11/07/2011	Common Stock	3,47
	Stock Option	\$ 22.7524						11/18/2003	11/18/2012	Common Stock	4,05
	Stock Option	\$ 24.68						11/14/2006	11/14/2015	Common Stock	4,00
	Stock Option	\$ 26.5333						11/17/2004	11/17/2013	Common Stock	3,85
	Stock Option	\$ 26.6381						11/16/2005	11/16/2014	Common Stock	3,67
	Stock Option	\$ 15.4667	02/21/2006		M/K	2,3	319	07/01/1998	06/30/2008	Common Stock	2,31
	STOCK OPTION/NQ	\$ 21.2095						11/07/2004	11/07/2011	Common Stock	868

Reporting Owners

Relationships Reporting Owner Name / Address

2 Reporting Owners

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Director 10% Owner Officer Other

GOULD ERIC W 1455 VALLEY ROAD WAYNE, NJ 07470-

FIRST SENIOR VICE PRESIDENT

Signatures

ERIC W 03/08/2006

**Signature of
Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (2) Reporting person's total shares held under Valley's 401(k) plan.
- (1) Includes restricted shares granted under VNB 1999 Long Term Stock Incentive Plan, vesting in five equal installments beginning one year from the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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