Howes Paul L Form 4 March 07, 2013

FORM 4

OMB APPROVAL OMB

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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2005

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

January 31, Expires:

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Howes Paul L Issuer Symbol

NEWPARK RESOURCES INC [NR]

(Check all applicable)

President and CEO

(Last) (First) (Middle) 3. Date of Earliest Transaction

X Director 10% Owner X_ Officer (give title _ Other (specify (Month/Day/Year) below) 03/06/2013

2700 RESEARCH FOREST DRIVE SUITE 100

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

Person

THE WOODLANDS, TX 77381

(City)	(State)	(Zip) Tab	le I - Non-	Derivative S	Securi	ties Acquii	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securitie ord Disposed (Instr. 3, 4	d of (I	D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/06/2013		M	343,800	A	\$ 8.08	711,133	D	
Common Stock	03/06/2013		S	55,676 (1)	D	\$ 9	655,457	D	
Common Stock	03/06/2013		S	18,825 (1)	D	\$ 9.01	636,632	D	
Common Stock	03/06/2013		S	2,300 (1)	D	\$ 9.0101	634,332	D	
Common Stock	03/06/2013		S	100 (1)	D	\$ 9.0106	634,232	D	

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Common Stock	03/06/2013	S	1,500 (1)	D	\$ 9.015	632,732	D
Common Stock	03/06/2013	S	23,831 (1)	D	\$ 9.02	608,901	D
Common Stock	03/06/2013	S	200 (1)	D	\$ 9.025	608,701	D
Common Stock	03/06/2013	S	14,860 (1)	D	\$ 9.03	593,841	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.035	593,741	D
Common Stock	03/06/2013	S	9,513 (1)	D	\$ 9.04	584,228	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.0405	584,128	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.045	584,028	D
Common Stock	03/06/2013	S	600 (1)	D	\$ 9.06	583,428	D
Common Stock	03/06/2013	S	1,400 (1)	D	\$ 9.07	582,028	D
Common Stock	03/06/2013	S	600 (1)	D	\$ 9.08	581,428	D
Common Stock	03/06/2013	S	4,701 <u>(1)</u>	D	\$ 9.1	576,727	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.11	576,627	D
Common Stock	03/06/2013	S	1,300 (1)	D	\$ 9.13	575,327	D
Common Stock	03/06/2013	S	100 (1)	D	\$ 9.14	575,227	D
Common Stock	03/06/2013	S	400 (1)	D	\$ 9.15	574,827	D
Common Stock	03/06/2013	S	5,000 (1)	D	\$ 9.2	569,827	D
Common Stock	03/06/2013	S	17,746 (1)	D	\$ 9.05	552,081	D
Common Stock	03/07/2013	S	12,500 (1)	D	\$ 9	539,581	D
Common Stock	03/07/2013	S	10,955 (1)	D	\$ 9.01	528,626	D
	03/07/2013	S	200 (1)	D		528,426	D

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Common Stock					\$ 9.0106	
Common Stock	03/07/2013	S	100 (1)	D	\$ 9.011 528,326	D
Common Stock	03/07/2013	S	520 (1)	D	\$ 9.015 527,806	D
Common Stock	03/07/2013	S	32,338 (1)	D	\$ 9.02 495,468	D
Common Stock	03/07/2013	S	100 (1)	D	\$ 9.0205 495,368	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Titl Amou Under Securi (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Howes Paul L						
2700 RESEARCH FOREST DRIVE SUITE 100	X		President and CEO			
THE WOODLANDS, TX 77381						

Signatures

By: Jennifer F Wilson For: Paul L Howes 03/07/2013

Reporting Owners 3

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The securities were sold pursuant to a Rule 10b5-1 Plan adopted by the Reporting Person in order to exercise an option grant which is expiring on March 22, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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