### Edgar Filing: ALLSTATE CORP - Form 4

ALLSTATE Form 4									
May 04, 200	ЛЛ				~~~		~~~~~~	OMB AF	PROVAL
		RITIES AND EXCHANGE CO shington, D.C. 20549				OMB Number:	3235-0287		
Check th if no lon subject th Section Form 4 of Form 5 obligation may com <i>See</i> Instru 1(b).	section 17(a	HANGES IN SECUR ion 16(a) of th lic Utility Hold he Investment	BENEFI RITIES e Securit ding Con	Expires:January 31 2005Estimated average burden hours per response0.5					
(Print or Type	Responses)								
	Address of Reporting MICHAEL J	Syı	Issuer Name and nbol LLSTATE CO			ıg	5. Relationship of Issuer		
(Last) (First) (Middle) 3. Date of (Month/D) THE ALLSTATE 05/02/20			Date of Earliest Ti onth/Day/Year) /02/2005	L			(Check all applicable) <u></u> Director <u></u> 10% Owner <u></u> Officer (give title <u></u> Other (specify below) <u>below</u> )		
CORPORA ROAD	TION, 2775 SAN	IDERS					· · · · · · · · · · · · · · · · · · ·	General Coun	sel
NODTUDI	(Street)	File	f Amendment, Da ed(Month/Day/Year	-	1		6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Pe	rson
	ROOK, IL 60062-0						Person		1 0
(City)	(State)	(Zip)	Table I - Non-I	Derivative	Securi	ities Acqu	uired, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	05/02/2005		M	Amount 8,000	(D) A	Price \$ 41.11	53,086.13 <u>(1)</u>	D	
Common Stock	05/02/2005		М	30,068	А	\$ 36.64	83,154.13 <u>(1)</u>	D	
Common Stock	05/02/2005		S	28,291	D	\$ 56.64	54,863.13 <u>(1)</u>	D	
Common Stock	05/02/2005		F <u>(2)</u>	634	D	\$ 56.25	54,229.13 <u>(1)</u>	D	
Common Stock	05/02/2005		F(2)	3,087	D	\$ 56.25	51,142.13 <u>(1)</u>	D	

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Common Stock	05/02/2005	F <u>(3)</u>	5,846	D	\$ 56.25	45,296.13 <u>(1)</u>	D	
Common Stock						500	Ι	by Son
Common Stock						2,464.4546 (4)	Ι	by 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Am Underlying Sect (Instr. 3 and 4)
				Code V	(A)	(D)	Date Exercisable	Expiration Date	A Title Or N of
Employee Stock Option (right to buy)	\$ 36.64	05/02/2005		М		30,068	08/14/1998	08/14/2007	Common 3 Stock 3
Employee Stock Option (right to buy)	\$ 41.11	05/02/2005		М		8,000	11/11/1998	11/11/2007	Common Stock
Employee Stock Option (right to buy)	\$ 56.25	05/02/2005		А	5,846		05/02/2006 <u>(5)</u>	11/11/2007	Common Stock

# **Reporting Owners**

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Other				

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MCCABE MICHAEL J THE ALLSTATE CORPORATION 2775 SANDERS ROAD NORTHBROOK, IL 60062-6127 V.P. and General Counsel

### Signatures

MICHAEL J MC CABE

05/04/2005

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1(c) trading plan adopted by the reporting person on
 December 3, 2004. Form also reflects 99.13 shares acquired during period of May 18, 2004 through April 6, 2005 through the Shareowner Service Plus Plan, which reinvests dividends paid on The Allstate Corporation common shares.

- (2) Delivery of shares to issuer to pay minimum tax withholding liability incurred in connection with the exercise.
- (3) Delivery of already-owned stock to issuer in payment of option exercise price.
- (4) Reflects acquisition of 209.1296 shares of The Allstate Corporation common stock since December 21, 2004 under The Savings and Profit Sharing Fund of Allstate Employees, a 401(k) plan, pursuant to the most recent plan statement, dated May 2, 2005.
- (5) The option vests in three increments, 1,949 shares on May 2, 2006, 1,949 shares on May 2, 2007 and 1,948 shares on May 2, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.