Symmetry Medical Inc.
Form 8-K
February 20, 2014

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): February 20, 2014

SYMMETRY MEDICAL INC.

(Exact name of Registrant as specified in its charter)

Delaware 001-32374 35-1996126 (State or other jurisdiction (IRS Employer

(Commission File Number)

of incorporation) Identification No.)

3724 N State Road 15, Warsaw, Indiana 46582

(Address of Principal executive offices, including Zip Code)

(574) 268-2252

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(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

oPre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02. Results of Operations and Financial Condition

On February 20, 2014, Symmetry Medical Inc. ("Symmetry") issued a press release entitled, "Symmetry Medical Reports Fourth Quarter and Full Year 2013 Financial Results," in which it announced its fourth fiscal quarter and full fiscal 2013 financial results.

A copy of this press release is being furnished as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

- (d) Exhibits
- 99.1 "Symmetry Medical Reports Fourth Quarter and Full Year 2013 Financial Results," Press Release issued by Symmetry Medical, Inc. dated February 20, 2014.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Symmetry Medical Inc.

/s/ Fred L. Hite

Date: February 20, 2014 Name: Fred L. Hite

Title: Chief Financial Officer

EXHIBIT INDEX

Exhibit

Description

No.

"Symmetry Medical Reports Fourth Quarter and Full Year 2013 Financial Results," Press Release issued by Symmetry Medical, Inc. dated February 20, 2014.