

TEMPUR PEDIC INTERNATIONAL INC
 Form 4
 April 28, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Clift Matthew

2. Issuer Name and Ticker or Trading Symbol
 TEMPUR PEDIC
 INTERNATIONAL INC [TPX]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 ___ Director ___ 10% Owner
X Officer (give title below) ___ Other (specify below)
 Ex. VP, Operations

(Last) (First) (Middle)
 C/O TEMPUR-PEDIC
 INTERNATIONAL INC., 1713
 JAGGIE FOX WAY
 (Street)

3. Date of Earliest Transaction
 (Month/Day/Year)
 04/26/2006

LEXINGTON, KY 40511
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
X Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	04/26/2006		S	200 <u>(1)</u> D	\$ 15.52	323,134	D
Common Stock	04/26/2006		S	1,100 <u>(1)</u> D	\$ 15.54	322,034	D
Common Stock	04/26/2006		S	900 <u>(1)</u> D	\$ 15.52	321,134	D
Common Stock	04/26/2006		S	800 <u>(1)</u> D	\$ 15.53	320,334	D
	04/26/2006		S	600 <u>(1)</u> D		319,734	D

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Common Stock					\$			
					15.52			
Common Stock	04/26/2006	S	400 <u>(1)</u>	D	\$	319,334	D	
					15.53			
Common Stock	04/26/2006	S	200 <u>(1)</u>	D	\$	319,134	D	
					15.51			
Common Stock	04/26/2006	S	200 <u>(1)</u>	D	\$	318,934	D	
					15.55			
Common Stock	04/26/2006	S	200 <u>(1)</u>	D	\$	318,734	D	
					15.53			
Common Stock	04/26/2006	S	500 <u>(1)</u>	D	\$	318,234	D	
					15.54			
Common Stock	04/26/2006	S	500 <u>(1)</u>	D	\$	317,734	D	
					15.52			
Common Stock	04/26/2006	S	800 <u>(1)</u>	D	\$	316,934	D	
					15.53			
Common Stock	04/26/2006	S	400 <u>(1)</u>	D	\$	316,534	D	
					15.51			
Common Stock	04/26/2006	S	400 <u>(1)</u>	D	\$	316,134	D	
					15.53			
Common Stock	04/26/2006	S	366 <u>(1)</u>	D	\$	315,768	D	
					15.56			
Common Stock	04/26/2006	S	300 <u>(1)</u>	D	\$	315,468	D	
					15.53			
Common Stock	04/26/2006	S	300 <u>(1)</u>	D	\$	315,168	D	
					15.54			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
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4, and 5)

	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Code V (A) (D)				

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

Clift Matthew
C/O TEMPUR-PEDIC INTERNATIONAL INC.
1713 JAGGIE FOX WAY
LEXINGTON, KY 40511

Ex. VP, Operations

Signatures

/s/ William H. Poche, attorney
in fact

04/28/2006

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The shares were sold pursuant to a Rule 10b5-1 trading plan dated March 8, 2006 and adopted by reporting person in order to cause the applicable sales to fall within the scope of Rule 10b5-1 under the Securities Exchange Act of 1934 as amended. The plan contains specific instructions to sell 8,166 shares on April 26, 2006, 5,250 shares on July 3, 2006, and 5,250 shares on January 2, 2007 at the market price (1) on each sale date. The proceeds from the shares sold and to be sold pursuant to this trading plan are expected to be used to fund federal and state income taxes payable as the result of prior and future vesting of 70,000 Restricted Stock Units of Tempur-Pedic International Inc. awarded for no consideration on December 1, 2004. These Restricted Stock Units vest in six successive semi-annual installments commencing on July 2, 2005

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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