EDIETS COM INC

Form 4 June 19, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * Prides Capital Partners, LLC

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

(First)

(Middle)

EDIETS COM INC [DIET] 3. Date of Earliest Transaction

(Month/Day/Year)

06/19/2006

Filed(Month/Day/Year)

Director 10% Owner Other (specify Officer (give title

(Check all applicable)

below)

200 HIGH STREET, SUITE 700

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Form filed by One Reporting Person _X_ Form filed by More than One Reporting

I

Person

BOSTON, MA 02110

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) Execution Date, if

4. Securities Acquired Transaction(A) or Disposed of Code (D) (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5)

Amount

5. Amount of Securities Beneficially Owned (D) or Following Reported (Instr. 4)

7. Nature of Ownership Indirect Form: Direct Beneficial Ownership Indirect (I) (Instr. 4)

(A) Transaction(s) or (Instr. 3 and 4) (D) Price

COMMON

(Instr. 3)

STOCK, 06/15/2006 \$0.001 par value

P

20,000 A 4,853,931 See Footnote (1)(2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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	1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Titl	e and	8. Price of	9. Nu
Ι	Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date		Amou	nt of	Derivative	Deriv
	Security	or Exercise		any	Code	of	(Month/Day	/Year)	Under	lying	Security	Secui
	(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	Bene
		Derivative				Securities			(Instr.	3 and 4)		Own
		Security				Acquired						Follo
						(A) or						Repo
						Disposed						Trans
						of (D)						(Instr
						(Instr. 3,						
						4, and 5)						
										Amount		
										Amount		
							Date	Expiration	T:41-	or Name land		
							Exercisable 1	Date		Number		
					C-J- V	(A) (D)				of		
					Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
Troporting of their Finance, Frances	Director	10% Owner	Officer	Other				
Prides Capital Partners, LLC 200 HIGH STREET SUITE 700 BOSTON, MA 02110	X	X						
Richardson Kevin A II 200 HIGH STREET SUITE 700 BOSTON, MA 02110	X	X						
Indick Murray A 200 HIGH STREET SUITE 700 BOSTON, MA 02110	X	X						
Lawlor Henry J Jr 200 HIGH STREET SUITE 700 BOSTON, MA 02110	X	X						
McCarthy Charles E 200 HIGH STREET SUITE 700 BOSTON, MA 02110	X	X						
Puscasiu Christian 200 HIGH STREET SUITE 700 BOSTON, MA 02110	X	X						
Cootey Stephen Lawrence 200 HIGH STREET SUITE 700	X	X						

Reporting Owners 2

BOSTON, MA 02110

Signatures

Prides Capital
Partners, LLC
06/19/2006

**Signature of Reporting Date

Person

Kevin A. Richardson, 06/19/2006

**Signature of Reporting Date

Person

Murray A. Indick 06/19/2006

**Signature of Reporting Date

Person

Henry J. Lawlor Jr. 06/19/2006

**Signature of Reporting Date

Person

Charles E. McCarthy 06/19/2006

**Signature of Reporting Date

Person

Christian Puscasiu 06/19/2006

**Signature of Reporting Date

Person

Stephen Lawrence 06/19/2006

Cootey

**Signature of Reporting Date
Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The shares of Common Stock reported herein as indirectly beneficially owned by Prides Capital Partners, L.L.C. are owned directly by Prides Capital Fund I, L.P. (4,853,931 shares of common stock). Because Prides Capital Partners, L.L.C. is the general partner of Prides

- (1) Capital Fund I, L.P., Prides Capital Partners, L.L.C. may be deemed to be the beneficial owner of shares owned by such entity. Because Kevin A. Richardson, II, Murray A. Indick, Henry J. Lawlor, Jr., Charles E. McCarthy and Christian Puscasiu are the controlling shareholders of Prides Capital Partners, L.L.C., they may be deemed to be the beneficial owners of shares deemed to be beneficially owned by such entity.
- Each of Prides Capital Partners, L.L.C., Prides Capital Fund I, L.P, Kevin A. Richardson, II, Murray A. Indick, Henry J. Lawlor, Jr.,

 Charles E. McCarthy and Christian Puscasiu disclaim beneficial ownership of these shares, except to the extent of any pecuniary interest therein. In addition, Stephen L. Cootey has been deputized by Prides Capital Partners, L.L.C. to serve on the Issuer's board of directors.

Remarks:

As previously disclosed on a Form 4 on June 13, 2006, the Reporting Persons previously reported beneficial ownership of 9,67

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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