Richardson Kevin A II Form 4/A April 27, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

Number:

3235-0287

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting P Prides Capital Partners, LLC		2. Issuer Name and Ticker or Trading ymbol	5. Relationship of Reporting Person(s) to Issuer			
	E	DIETS COM INC [DIET]	(Check all applicable)			
(Last) (First) (M	ddle) 3.	. Date of Earliest Transaction				
	(N	Month/Day/Year)	X DirectorX 10% Owner			
200 STATE STREET, 13TH		4/08/2010	Officer (give title Other (specif			
FLOOR			below) below)			
(Street)	4.	. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
	Fi	iled(Month/Day/Year)	Applicable Line)			
	04	4/12/2010	Form filed by One Reporting Person X Form filed by More than One Reporting			
ROSTON MA 02100			_A_ rotti fried by More than One Reporting			

DOCTON	7 / A	00100
BOSTON.	MA	02109

(City)	(State) (Z	Zip) Table	I - Non-Do	erivative Sec	urities	S Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transacti Code (Instr. 8)	4. Securities on (A) or Disp (Instr. 3, 4	osed o	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
COMMON STOCK, \$0.001 par value							15,092,999	I	See Footnote
COMMON STOCK, \$0.001 par value							311,964	D (2)	
COMMON STOCK, \$0.001 par value	04/08/2010		Р	100,000	A	\$ 1.19	411,964	D (2)	

COMMON

STOCK,
$$\$0.001 \text{ par}$$
 04/09/2010 P 100,000 A $\$$ 511,964 D $\underline{^{(2)}}$ value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
FB	Director	10% Owner	Officer	Other			
Prides Capital Partners, LLC 200 STATE STREET 13TH FLOOR BOSTON, MA 02109	X	X					
Richardson Kevin A II 200 STATE STREET 13TH FLOOR BOSTON, MA 02109	X	X					
Signatures							
/s/ Prides Capital Partners, L.L.C.	04/27/2010						
**Signature of Reporting Person		Date					
/s/ Kevin A. Richardson, II	0	4/27/2010					

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**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - The shares of Common Stock reported herein as indirectly beneficially owned by Prides Capital Partners, L.L.C. are owned directly by Prides Capital Fund I, L.P. Because Prides Capital Partners, L.L.C. is the general partner of Prides Capital Fund I, L.P., Prides Capital
- Partners, L.L.C. may be deemed to be the beneficial owner of shares owned by such entity. Because Kevin A. Richardson, II is the controlling shareholder of Prides Capital Partners, L.L.C., he may be deemed to be the beneficial owner of shares deemed to be beneficially owned by such entity. Each of Prides Capital Partners, L.L.C., Prides Capital Fund I, L.P, and Kevin A. Richardson, II disclaim beneficial ownership of these shares, except to the extent of any pecuniary interest therein.
- (2) The shares of Common Stock are owned directly by Kevin A Richardson, II.

Remarks:

This Amendment is being filed to correct the number of shares reported held indirectly by Prides Capital Partners, L.L.C. and

Kevin A. Richardson, II has been deputized by Prides Capital Partners, L.L.C. to serve on the Issuer's board of directors, and t Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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