

Luks Ronald  
 Form 4  
 February 21, 2012

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Luks Ronald

2. Issuer Name and Ticker or Trading Symbol  
 EDIETS COM INC [DIET]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

499 PEACOCK LANE NORTH

3. Date of Earliest Transaction (Month/Day/Year)  
 02/16/2012

Director  10% Owner  
 Officer (give title below)  Other (specify below)

(Street)

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

JUPITER, FL 33458

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock				(A) or (D) Price	6,028 <sup>(5)</sup>	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (right to buy)	\$ 18.95 <sup>(5)</sup>					<u>(1)</u> 04/02/2012		Common Stock	8,480 <sup>(5)</sup>
Stock Options (right to buy)	\$ 30.15 <sup>(5)</sup>					<u>(1)</u> 01/02/2013		Common Stock	3,319 <sup>(5)</sup>
Stock Options (right to buy)	\$ 16.85 <sup>(5)</sup>					<u>(1)</u> 01/02/2014		Common Stock	5,399 <sup>(5)</sup>
Stock Options (right to buy)	\$ 14.05 <sup>(5)</sup>					<u>(1)</u> 07/15/2014		Common Stock	5,000 <sup>(5)</sup>
Stock Options (right to buy)	\$ 14.8 <sup>(5)</sup>					<u>(1)</u> 07/19/2014		Common Stock	2,500 <sup>(5)</sup>
Stock Options (right to buy)	\$ 21.6 <sup>(5)</sup>					<u>(1)</u> 01/03/2015		Common Stock	2,500 <sup>(5)</sup>
Stock Options (right to buy)	\$ 4.719 <sup>(5)</sup>					<u>(2)</u> 06/24/2019		Common Stock	5,000 <sup>(5)</sup>
Stock Options (right to buy)	\$ 4.925 <sup>(5)</sup>					<u>(1)</u> 07/28/2019		Common Stock	2,000 <sup>(5)</sup>
Stock Options (right to buy)	\$ 7.65 <sup>(5)</sup>					<u>(3)</u> 11/19/2019		Common Stock	5,000 <sup>(5)</sup>

Stock Options (right to buy)	\$ 6.95 <sup>(5)</sup>				<u>(1)</u>	01/04/2020	Common Stock	17,513 <sup>(5)</sup>
Stock Options (right to buy)	\$ 5 <sup>(5)</sup>				<u>(4)</u>	08/23/2020	Common Stock	5,000 <sup>(5)</sup>
Stock Options (right to buy)	\$ 2.85 <sup>(5)</sup>				<u>(1)</u>	03/15/2021	Common Stock	50,000 <sup>(5)</sup>
Stock Options (right to buy)	\$ 0.55	02/16/2012		A	50,000	<u>(6)</u>	02/16/2022	Common Stock 50,000

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Luks Ronald 499 PEACOCK LANE NORTH JUPITER, FL 33458		X		

## Signatures

/s/ Ronald Luks                      02/21/2012

<sup>\*\*</sup>Signature of                      Date  
Reporting Person

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These options are immediately exercisable.
- (2) Exercisable according to the following vesting schedule: 1,650 beginning on June 24, 2010; 1,650 beginning on June 24, 2011 and 1,700 beginning on June 24, 2012.
- (3) Exercisable according to the following vesting schedule: 1,650 beginning on November 19, 2010; 1,650 beginning on November 19, 2011 and 1,700 beginning on November 19, 2012.
- (4) Exercisable according to the following vesting schedule: 1,650 beginning on August 23, 2011; 1,650 beginning on August 23, 2012 and 1,700 beginning on August 23, 2013.
- (5) Reflects a 1-for-5 reverse stock split effective June 1, 2011.
- (6) Exercisable according to the following vesting schedule: 25,000 beginning on May 15, 2012; 12,500 beginning on July 1, 2012 and 12,500 beginning on October 1, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.