Osbourn Kay E Form 4 December 05, 2011

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Osbourn Kay E			Symbol	2. Issuer Name and Ticker or Trading Symbol CITIZENS INC [CIA]					5. Relationship of Reporting Person(s) to Issuer				
(Last) 400 EAST	(Last) (First) (Middle) 3. Date of			of Earliest Transaction n/Day/Year)					(Check all applicable) Director 10% OwnerX Officer (give title Other (specify below)				
AUSTIN, 7				nendment, Date Original onth/Day/Year)					EVP, CFO & Treasurer 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)	Tah	le I - No	on-D	erivative Se	curiti		Person ired, Disposed of	. or Beneficiall	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execution		3.	actio	4. Securitie on(A) or Disp (Instr. 3, 4	es Acq	uired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect		
Citizens, Inc. Class A Common Stock (1)	01/07/2011			Code		Amount 26.8291	(D)	Price \$ 7.42	895.2503	D			
Citizens, Inc. Class A Common Stock (1)	01/28/2011			L	V	28.0507	A	\$ 7.1	923.301	D			
Citizens, Inc. Class	02/25/2011			L	V	26.9429	A	\$ 7.39	950.2439	D			

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A Common							
Citizens Inc. Clas A Commo	o4/01/2011 n	L '	V 27.0457	A	\$ 7.36	977.2896	D
Citizens Inc. Clas A Common	ss 04/29/2011 n	L '	V 27.1898	A	\$ 7.33	1,004.4794	D
Citizens Inc. Clas A Common	oss 05/31/2011 n	L '	V 29.279	A	\$ 6.8	1,033.7584	D
Citizens Inc. Clas A Commo	07/01/2011 n	L '	V 28.841	A	\$ 6.9	1,062.5994	D
Citizens Inc. Clas A Commo	o8/05/2011 n	L `	V 28.8023	A	\$ 6.91	1,091.4017	D
Citizens Inc. Clas A Commos Stock (1)	o9/02/2011 n	L '	V 31.0909	A	\$ 6.4	1,122.4926	D
Citizens Inc. Clas A Commos Stock (1)	ss 10/04/2011 n	L '	V 29.9002	A	\$ 6.66	1,152.3928	D
Citizens Inc. Clas A Commo	ss 10/31/2011 n	L `	V 25.3755	A	\$ 7.85	1,177.7683	D
Citizens Inc. Clas A		S	500	D	\$ 8.62	677.7683	D

Common Stock (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivating Security (Instr. 3)	ve Conversion or Exercise	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed			7. Title Amou Under Securi (Instr.	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secun Bene Own Follo Repo Trans
				of (D) (Instr. 3, 4, and 5)	Date	Expiration		Amount		(Instr
			Code V	(A) (D)	Exercisable	Date	Title	Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Osbourn Kay E 400 EAST ANDERSON LANE AUSTIN, TX 78752

EVP, CFO & Treasurer

Signatures

/s/Kay E. Osbourn 12/05/2011

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.
- (2) This transaction was an open market sale.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 3

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