True Drinks Holdings, Inc. Form 4

October 19, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

Estimated average

1(b).

(Print or Type Responses)

VAN BOERUM ROBERT			2. Issuer Name and Ticker or Trading Symbol						5. Relationship of Reporting Person(s) to Issuer			
			True Drinks Holdings, Inc. [TRUU]						(Check all applicable)			
(Last) 18552 MAG 325	(First) (Middle) D, STE		f Earliest T Day/Year) 2015	Γrai	nsaction		- - b	Director Officer (give to elow) CHIEF OPE		Owner er (specify	
	(Street)			endment, E nth/Day/Ye		e Original		A	. Individual or Joi applicable Line) X_ Form filed by O	ne Reporting Pe	rson	
IRVINE, C	CA 92612							P	Form filed by Morerson	ore than One Re	porting	
(City)	(State)	(Zip)	Tab	le I - Non-	De	rivative Sec	curities	s Acqui	red, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	EXECUTION EXECUTION ANY (Month/D	Date, if	3. Transacti Code (Instr. 8)	on:	L. Securities or Disposed of Instr. 3, 4 and Amount	of (D)	red (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature o Indirect Beneficial Ownership (Instr. 4)	
Common Stock	10/08/2015			A	2	2,923,706	A	\$0	2,923,706 (1)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Securities Acquired (A) or Disposed of (D)	Jumber Expiration Date f (Month/Day/Yea Derivative ecurities acquired A) or Disposed		Secur	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
roporomg o maor rumo / rum oss	Director	10% Owner	Officer	Other			
VAN BOERUM ROBERT 18552 MACARTHUR BLVD STE 325 IRVINE, CA 92612			CHIEF OPERATIONS OFFICER				

Signatures

/s/ Robert Van Boerum 10/19/2015 **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents shares of restricted stock issued pursuant to the Issuer's 2013 Stock Incentive Plan. 1.0 million of the shares issued vested immediately, with the remainder vesting equally in four annual installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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