Thermon Group Holdings, Inc.

Form 4

December 17, 2013

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person *

GOODRICH RICHARD E

2. Issuer Name and Ticker or Trading

Symbol

Thermon Group Holdings, Inc.

[THR]

(Middle)

(Zip)

3. Date of Earliest Transaction (Month/Day/Year)

_X__ Director Officer (give title

10% Owner Other (specify

below)

1450 LAKE ROBBINS DR.,, SUITE 12/13/2013

(First)

400

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

5. Relationship of Reporting Person(s) to

(Check all applicable)

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Issuer

THE WOODLANDS, TX 77380

(State)

		1401	or non-zervative securities required, 21sposed of, or zeroenearly owned						
1.Title of	2. Transaction Date	3. T	4. Securities Acquired		5. Amount of	6. Ownership			
Security (Instr. 3)	(Month/Day/Year)	Execution Date, if any	Code	Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			Securities Beneficially	Form: Direct (D) or	Indirect Beneficial
(111511.5)		(Month/Day/Year)	(Instr. 8)	(msu. 5, 4 and 5)		Owned	Indirect (I)	Ownership	
		()	()				Following	(Instr. 4)	(Instr. 4)
					(A)		Reported		
					or		Transaction(s)		
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	12/13/2013		M	8,358	A	\$ 5.2	35,479	D	
Common Stock	12/13/2013		S	8,358	D	\$ 27.32	27,121	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Sector Acquired (A) of Disp (D)	urities uired or oosed of er. 3, 4,	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and a Underlying S (Instr. 3 and	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Shares
Stock Option (Right to Buy)	\$ 5.2	12/13/2013		M		8,358	05/04/2011(1)	10/27/2020	Common Stock	8,358
Restricted Stock Award	\$ 0						<u>(2)</u>	(2)	Common Stock	2,488

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
GOODRICH RICHARD E 1450 LAKE ROBBINS DR., SUITE 400 THE WOODLANDS, TX 77380	X						

Signatures

/s/ Richard Goodrich by Sarah Alexander as attorney-in-fact 12/16/2013

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vested and became fully exercisable in connection with the Issuer's initial public offering.
- (2) On August 1, 2013, the reporting person was granted a restricted stock award which will vest on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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