MCCORMICK ROBERT A

Form 4/A

December 01, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

COMMON

STOCK

11/24/2008

(Print or Type Responses)

1. Name and Address of Reporting Person ** MCCORMICK ROBERT A		Symbol					5. Relationship of Reporting Person(s) to Issuer				
	TRUSTCO BANK CORP N Y [TRST]					(Check all applicable)					
(Last) 5 SARNOW	(Mon				Month/Day/Year) —				X Director 10% Owner Officer (give title Other (specify below) CHAIRMAN		
GLENVILLI	Filed(Mont	Filed(Month/Day/Year) A11/25/2008				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, any (Month/Day/Year)			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				Securities Ownership Indirect Beneficially Form: Benefowned Direct (D) Ownership Indirect (Instruction or Indirect (Instruction of Indirect (Instr		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)		
COMMON STOCK	11/24/2008			S	10,000	D	\$ 10.7	1,694,214	D		
COMMON STOCK	11/24/2008			S	10,000	D	\$ 10.65	1,684,214	D		
COMMON STOCK	11/24/2008			S	10,000	D	\$ 10.6	1,674,214	D		
COMMON STOCK	11/24/2008			S	10,000	D	\$ 10.55	1,664,214	D		

S

10,000 D

\$ 10.5 1,654,214

D

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COMMON STOCK	11/24/2008	S	20,000	D	\$ 10.45	1,634,214	D
COMMON STOCK	11/24/2008	S	20,000	D	\$ 10.4	1,614,214	D
COMMON STOCK	11/24/2008	S	10,000	D	\$ 10.31	1,604,214	D
COMMON STOCK	11/24/2008	S	10,000	D	\$ 10.41	1,594,214	D
COMMON STOCK	11/24/2008	S	20,000	D	\$ 10.35	1,574,214	D
COMMON STOCK	11/24/2008	S	10,000	D	\$ 10.37	1,564,214	D
COMMON STOCK	11/24/2008	S	10,000	D	\$ 10.32	1,554,214	D
COMMON STOCK	11/24/2008	S	20,000	D	\$ 10.3	1,534,214	D
COMMON STOCK	11/24/2008	S	10,000	D	\$ 10.22	1,524,214	D
COMMON STOCK	11/24/2008	S	10,000	D	\$ 10.18	1,514,214	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Reporting Owners

Reporting Owner Name / Address	Relationships							
r	Director	10% Owner	Officer	Other				
MCCORMICK ROBERT A 5 SARNOWSKI DRIVE GLENVILLE, NY 12302	X		CHAIRMAN					

Signatures

ROBERT T.CUSHING, BY POWER OF ATTORNEY

12/01/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

Filed to breakout individual transactions reported in the aggregate on report filed on November 25, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3